

Monster Dash 5k Top Finishers



29 & Under

Men

1st	Kasproicz, Dan	USS REAGAN	16:05
2nd	Bert Rodriguez	USS ROOSEVELT	16:52
3rd	Jeremy Bartley	CVN-75	17:11

Women

1st	Crystal DeAlba	NSGA	21:53
2nd	Fiona Halbritter	FCTCLANT	22:46
3rd	Stephany Moore	CFFC	22:53

30-37

Men

1st	Michael Kennedy	Marines	19:44
2nd	Mark Stephens	USS EISENHOWER	21:09
3rd	Thomas Kannon	CSL	21:10

Women

1st	Claudia Tarin-White	MFL	21:17
2nd	Laurie Winter	MWR	23:10
3rd	Catherine Sauter	CPG2	'24:06

38-44

Men

1st	Bill McCormack	Navop	16:18
2nd	Paul Patterson	MFL	18:56
3rd	David Johnson	Retired	18:58

Women

1st	Becky Upton	USJFCOM	22:12
2nd	Diane Hruska	Dependent	22:28
3rd	Lori Blasiell	Dependent	22:43

45-49

Men

1st	Tom Blanchard	SPAWAR	18:06
2nd	Kevin Mears	MFL	18:11
3rd	James Amorose	NAVICP	18:48

Women

1st	Peggy Bradley	USJFCOM	'26:02
2nd	Karen Cabral	NSA	'26:42
3rd	Jeanne McDonnell	NSA	'27:22

50+

Men

1st	Paul Steels	LANTDIV	19:14
2nd	Lawrence Davis	SPAWAR	20:50
3rd	Grant McNally	ACT	21:07

Women

1st	Mary Fallon	FFSC	26:52
2nd	Carolyn Shaheen	Dependent	'27:35
3rd	Judy Hanna	CNSL	'34:52